



## Strengthening Sector Policies for Better Food Security and Nutrition Results. Food Systems for Healthy Diets

This policy guidance note is part of the Policy Guidance Series produced by the Food and Agriculture Organization of the United Nations (FAO). This report provides direction to policy makers on how to utilise food systems to tackle malnutrition in all of its forms, with a particular focus on overweight and obesity.

Food and Agriculture Organization of the United Nations. "Strengthening Sector Policies for Better Food Security and Nutrition Results. Food Systems for Healthy Diets." 2018. Available at: <http://www.fao.org/3/CA2797EN/ca2797en.pdf>.



### World Obesity Federation

Suite 406, 107-111 Fleet Street, London EC4A 2AB

T: +44 (0)20 7936 9987 E: [enquiries@worldobesity.org](mailto:enquiries@worldobesity.org)

[www.worldobesity.org](http://www.worldobesity.org)

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