

Adult overweight and obesity in the European Union (EU27)

Country	Year of Data Collection	Males			Females		
		% BMI 25-29.9	%BMI \geq 30	Combined BMI \geq 25	% BMI 25-29.9	%BMI \geq 30	Combined BMI \geq 25
Austria	2005/6	42.3	23.3	65.6	32.4	20.8	53.2
Belgium (self report)	2004	38.7	11.9	50.6	24.4	13.4	37.8
Bulgaria (self report)	2001	38.8	11.3	50.1	28.8	13.5	42.3
Cyprus	1999-2000	46	26.6	72.6	34.3	23.7	58
Czech Republic	1997/8	48.5	24.7	73.2	31.4	26.2	57.6
Denmark (self report)	2001	40.1	11.8	51.9	26.9	12.5	39.4
England	2006	44.7	24.9	69.5	32.9	25.2	58
Estonia (self report)	2004	32	13.7	45.7	28.4	14.4	42.8
Finland (self report)	2005	44.8	14.9	59.7	26.7	13.5	40.2
France	2006	41	16.1	57.1	23.8	17.6	41.4
Germany (self report)	2005	43.5	14.4	57.9	28.7	12.8	41.5
Germany (self report)	2002/3	52.9	22.5	75.4	35.6	23.3	58.9
Greece (self report)	2003	41.2	26	67.1	29.9	18.2	48.1
Hungary	1992-4	41.9	21	62.9	27.9	21.2	49.1
Hungary (self report)	2004	41.8	17.1	58.9	31.3	18.2	49.4
Ireland	1997-99	46.3	20.1	66.4	32.5	15.9	48.4
Italy (self report)	2005	42.5	10.5	53	26.1	9.1	35.2
Latvia (self report)	2006	32.3	12.3	44.6	27.5	18.1	45.6
Lithuania (self report)	2006	35.7	20.6	56.3	29.7	19.2	48.9
Luxembourg		45.6	15.3	60.9	30.7	13.9	44.6
Malta(self report)	2003	46.5	22.9	69.4	34.3	16.9	51.2
Netherlands	1998-2002	43.5	10.4	53.9	28.5	10.1	38.6
Poland	2000	41	15.4	56.4	28.7	18.9	47.6
Portugal	2003/5	45.2	15	60.2	34.4	13.4	47.8
Romania (self report)	2000	38.1	7.7	45.8	28.6	9.5	38.1
Slovakia	1992-9	49.7	19.3	69	32.1	18.9	51
Slovenia (self report)	2001	50	16.5	66.5	30.9	13.8	44.7
Spain	1990-2000	45	13.4	58.4	32.2	15.8	48
Sweden (Goteborg)	2002	43.5	14.8	58.3	26.6	11	37.6

Age range and year of data in surveys may differ. With the limited data available, prevalences are not age standardised.

Self reported surveys may underestimate true prevalence.
Sources and references are available from obesity@iaso.org.
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